

Date of Inventory:

Patient:

Birth Date:

Tinnitus Handicap Inventory

The purpose of the questionnaire is to identify difficulties that you may be experiencing because of your tinnitus. Please circle Y for Yes, S for Sometimes or N for No, for each of the following questions. Please do not skip any questions.

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|-----|--|---|---|---|
| 1. | Because of your tinnitus, is it difficult for you to concentrate? | Y | S | N |
| 2. | Does the loudness of your tinnitus make it difficult to hear people? | Y | S | N |
| 3. | Does your tinnitus make you angry? | Y | S | N |
| 4. | Does your tinnitus make you feel confused? | Y | S | N |
| 5. | Because of your tinnitus, do you feel desperate? | Y | S | N |
| 6. | Do you complain a great deal about your tinnitus? | Y | S | N |
| 7. | Because of your tinnitus, do you have trouble falling to sleep at night? | Y | S | N |
| 8. | Do you feel as though you can not escape your tinnitus? | Y | S | N |
| 9. | Does your tinnitus interfere with your ability to enjoy your social activities (such as going out to dinner, to the movies, etc...)? | Y | S | N |
| 10. | Because of your tinnitus, do you feel frustrated? | Y | S | N |
| 11. | Because of your tinnitus, do you feel that you have a terrible disease? | Y | S | N |
| 12. | Does your tinnitus make it difficult for you to enjoy life? | Y | S | N |
| 13. | Does your tinnitus interfere with your job or household responsibilities? | Y | S | N |
| 14. | Because of your tinnitus do you find that you are often irritable? | Y | S | N |
| 15. | Because of your tinnitus, is it difficult for you to read? | Y | S | N |
| 16. | Does your tinnitus make you upset? | Y | S | N |
| 17. | Do you feel that your tinnitus problem has placed stress on your relationships with members of your family and friends? | Y | S | N |
| 18. | Do you find it difficult to focus your attention away from your tinnitus and on other things? | Y | S | N |
| 19. | Do you feel that you have no control over your tinnitus? | Y | S | N |
| 20. | Because of your tinnitus, do you often feel tired? | Y | S | N |
| 21. | Because of your tinnitus, do you often feel depressed? | Y | S | N |
| 22. | Does your tinnitus make you feel anxious? | Y | S | N |
| 23. | Do you feel that you can no longer cope with your tinnitus? | Y | S | N |
| 24. | Does your tinnitus get worse when you are under stress? | Y | S | N |
| 25. | Does your tinnitus make you feel insecure? | Y | S | N |